

PERSONAL SURVIVAL KIT

(Earthquake Supplies)

An important part of *St. Brigid School's Disaster/Emergency Plan* is to provide food and water to students should they need to remain in school. Please prepare a "Personal Survival Kit" for each child and send it with him/her on *the first day of school*.

The Personal Survival Kit includes:

- 2 bottled water (at least 8 oz each)
- 2 small cans of fruit with pop tops or 2 dried fruit snack packages
- 2 high energy bars (granola, etc no chocolate nor peanut butter)
- 2 plastic spoons or forks wrapped in napkin
- 2 small pocket sized Kleenex (4x2x1, not in a box)
- An ID tag which can be worn by the child. Child's name and grade in front and emergency/contact phone number(s) in the back.

Optional:

- Family photo with reassuring note to your child
- Pencil, small pad paper, or playing cards to occupy their time

Food and water must have a shelf life of at least ten (10) months- not to expire before June 15th of the current school year. Do not send food that requires refrigeration or will easily spoil at room temperature.

Put items in a **ZIPLOCK** freezer bag. **LABEL** or show name and grade (on ID tag).

Please review earthquake safety with your family. We must all strive to increase our preparedness for any disaster at home and school.

It is expected that your child will be completely prepared on the first day of school with ALL these supplies